

PAIDEIA HIGH SCHOOL MENU

DECEMBER 2018

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
BREAKFAST PANCAKE-ON-A-STICK COLD CEREAL LUNCH MANDARIN ORANGE CHICKEN SAVORY RICE MIXED STEAMED VEGETABLES FRESH VEGGIES CHILLED FRUIT	BREAKFAST APPLE-CINN. TEXAS TOAST CHEERIOS LUNCH FISH NUGGETS TRI TATERS COLE SLAW FRESH VEGGIES CHILLED FRUIT	BREAKFAST CHEESE OMELET ENGLISH MUFFIN LUNCH CHILI NACHOS W/CHEESE SAUCE CARROTS & CELERY STICKS APPLE SLICES	BREAKFAST BAGELS & CREAM CHEESE LUNCH FAJITA CHICKEN WRAP ROMAINE SALAD MIX FRESH VEGGIES CHILLED FRUIT	BREAKFAST YOGURT & GRANOLA CRAISINS LUNCH HAMBURGER W/LETTUCE & TOMATO POTATO SMILES FRESH VEGGIES CHILLED FRUIT
10	11	12	13	14
BREAKFAST MINI FILLED BAGEL COLD CEREAL LUNCH BEAN & CHEESE BURRITO STRING CHEESE STEAMED BROCCOLI COLORFUL PEPPERS CHILLED FRUIT	BREAKFAST OATMEAL CINNAMON TOAST LUNCH CORN DOG BAKED BEANS COLORFUL PEPPERS CHILLED FRUIT	BREAKFAST SAUSAGE & EGG BURRITO COLD CEREAL LUNCH CHICKEN VEGETABLE SOUP PB & J SANDWICH CARROTS & CELERY STICKS MANDARIN ORANGES	BREAKFAST YOGURT & MUFFIN LUNCH TURKEY GRAVY OVER MASHED POTATOES ROLL WITH BUTTER PAT GREEN BEANS PUMPKIN CUSTARD	BREAKFAST PANCAKES STRAWBERRIES LUNCH SLOPPY JOES GOLDEN CORN FRESH VEGGIES CHILLED FRUIT DESSERT
17	18	19	20	21
BREAKFAST EGG & CHEESE WRAP LUNCH BREADED CHICKEN BABY BAKER POTATOES BAKED BEANS FRESH VEGGIES CHILLED FRUIT	BREAKFAST FRENCH TOAST STICKS COLD CEREAL LUNCH PIZZA RIPPER CORN FRESH VEGGIES CHILLED FRUIT			
24	25	26	27	28
31				

BREAKFAST: Milk choice, fruit and/or juice offered

LUNCH: Milk choice

PRE-SCHOOL \$ 1.25
K-5 \$ 1.35
6-8 \$ 1.65
HIGH SCHOOL \$ 1.70

REDUCED \$ 0.00
ADULT \$ 2.35

PRE-SCHOOL \$ 2.05
K-5 \$ 2.25
6-8 \$ 2.55
HIGH SCHOOL \$ 2.65
K-3 REDUCED \$ 0.00
4-12 REDUCED \$ 0.40
ADULT (NO MILK) \$ 3.75
SINGLE MILK \$ 0.25

Menus are subject to change. Please ensure adequate student meal account balances. For information about free meals, payment options, meal charge policy, and Wellness Program visit www.valleysd.org/nutrition. Valley School District is an equal opportunity provider and employer.