

PAIDEIA HIGH SCHOOL MENU

JANUARY 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
			BREAKFAST CINNAMON FRENCH TOAST COLD CEREAL LUNCH PIZZA CORN FRESH VEGGIES CHILLED FRUIT	BREAKFAST PANCAKES STRAWBERRIES LUNCH SLOPPY JOES GREEN BEANS FRESH VEGGIES CHILLED FRUIT
7	8	9	10	11
BREAKFAST PIZZA BAGEL COLD CEREAL LUNCH BEAN BURRITO STEAMED VEGETABLES FRESH VEGGIES CHILLED FRUIT	BREAKFAST PANCAKE-ON-A-STICK COLD CEREAL LUNCH CHICKEN VEGETABLE SOUP CHEESE SANDWICH CARROTS & CELERY MANDARIN ORANGES	BREAKFAST EGGO WAFFLES COLD CEREAL LUNCH SALISBURY STEAK MASHED POTATOES PEAS BREAD STICK CHILLED FRUIT	BREAKFAST YOGURT & GRANOLA LUNCH LASAGNA ROLL UP ROMAINE SALAD MIX CUCUMBER COINS BREAD STICK CHILLED FRUIT	BREAKFAST CHEESE OMELET ENGLISH MUFFIN LUNCH CORN DOG BAKED BEANS COLORFUL PEPPERS CHILLED FRUIT
14	15	16	17	18
BREAKFAST BREAKFAST BURRITO COLD CEREAL LUNCH CHEESY BREAD DIPPING SAUCE STEAMED VEGETABLES FRESH VEGGIES CHILLED FRUIT	BREAKFAST FRENCH TOAST STICKS COLD CEREAL LUNCH SWEET N' SOUR CHICKEN SAVORY RICE STEAMED VEGETABLES FRESH VEGGIES CHILLED FRUIT	BREAKFAST BAGEL & CREAM CHEESE LUNCH HAMBURGER W/LETTUCE & TOMATO SLICE OVEN FRIES FRESH VEGGIES CHILLED FRUIT	BREAKFAST YOGURT & SCONE LUNCH TACO SOUP TORTILLA CHIPS CARROT & CELERY STICKS CHILLED FRUIT	BREAKFAST BREAKFAST PIZZA ORANGE JUICE LUNCH HOAGIE SANDWICH BAKED BEANS FRESH VEGGIES MANGO & STRAWBERRIES
21	22	23	24	25
BREAKFAST NO SCHOOL LUNCH MARTIN LUTHER KING JR DAY	BREAKFAST EGG & CHEESE WRAP COLD CEREAL LUNCH MAC & CHEESE MINI CORN DOGS GREEN BEANS FRESH VEGGIES APPLE SAUCE	BREAKFAST PANCAKES & STRAWBERRIES LUNCH CHILI OVER POTATO WEDGES CORN MUFFINS FRESH VEGGIES CHILLED FRUIT	BREAKFAST BREAKFAST SANDWICH LUNCH CHICKEN SANDWICH W/LETTUCE & TOMATO OVEN FRIES FRESH VEGGIES CHILLED FRUIT	BREAKFAST NO SCHOOL LUNCH IN SERVICE DAY
28	29	30	31	
BREAKFAST YOGURT & MUFFIN LUNCH BBQ RIB SANDWICH BAKED BEANS COLORFUL PEPPERS CHILLED FRUIT	BREAKFAST CINNAMON ROLLS CHEERIOS LUNCH PIZZA CORN FRESH VEGGIES TROPICAL FRUIT	BREAKFAST WAFFLES LUNCH TERIYAKI BEEF BITES MASHED POTATOES BREAD STICK GREEN BEANS CHILLED FRUIT	BREAKFAST MINI FILLED BAGEL YOGURT CUP LUNCH FAJITA CHICKEN WRAP ROMAINE SALAD MIX CUCUMBER COINS CHILLED FRUIT	

BREAKFAST: Milk choice, fruit and/or juice offered

LUNCH: Milk choice

PRE-SCHOOL	\$ 1.25
K-5	\$ 1.35
6-8	\$ 1.65
HIGH SCHOOL	\$ 1.70

REDUCED	\$ 0.00
ADULT	\$ 2.35

PRE-SCHOOL	\$ 2.05	K-3 REDUCED	\$ 0.00
K-5	\$ 2.25	4-12 REDUCED	\$ 0.40
6-8	\$ 2.55	ADULT (NO MILK)	\$ 3.75
HIGH SCHOOL	\$ 2.65	SINGLE MILK	\$ 0.25

Menus are subject to change. Please ensure adequate student meal account balances. For information about free meals, payment options, meal charge policy, and Wellness Program visit www.valleysd.org/nutrition. Valley School District is an equal opportunity provider and employer.