

Interscholastic Activities

Purpose

This policy sets forth the requirements for interscholastic activities programs in the district.

Scope

This policy applies to the Superintendent, administrators, the athletic director, coaches, staff, students, parents and guardians, volunteers and community members.

Policy

1. The Valley School District Board of Directors recognizes the value of a program of interscholastic activities as an integral part of the total school experience to all students of the district and to the community. The program of interscholastic activities (“athletics” or “sports”) will include all activities relating to competitive sport contests, games or events, or exhibitions involving individual students or teams of students of this district when such events occur between separate schools within this district or with any schools outside this district.
2. All interscholastic activities and events in the district that fall under the jurisdiction of the Washington Interscholastic Activities Association (WIAA) will be in compliance with the rules and regulations of WIAA.
 - 2.1. The district will not be responsible or liable for non-school-sponsored programs or for programs that are organized, promoted or participated in by staff members without school approval.
 - 2.2. The district will not be responsible for or control and incur liability for summer and/or out-of-season activities unless specifically sponsored by the school district.
 - 2.3. The Superintendent or designee(s) will establish rules defining the circumstances under which school facilities may be used, and under which announcements of summer sports leagues and/or clinics may be channeled to students.
3. The Board expects that athletic coaches and coaching activities of interscholastic programs will be in compliance with the following:
 - 3.1. An athletic coach must be properly trained and qualified for an assignment as described in the coach's job description.
 - 3.2. A syllabus that outlines the skills, techniques and safety measures associated with a coaching assignment will be distributed to each coach. A coach must secure permission in advance if he/she wishes to deviate from the syllabus.
 - 3.3. Coaching stipends and all gifts to a coach that exceed five hundred dollars (\$500.00) in a season will be approved by the Board of Directors.
 - 3.4. In-service training opportunities will be afforded each coach so that he/she is trained to attend to the healthcare needs of participants. Prior to a sports season, the coach will

prepare a plan for handling medical emergencies at practice sessions and games (home and away).

- 3.5. Non-prescribed medications, including such items as analgesic balms, vitamins and salt tablets, must be approved by the Superintendent before they may be available for use by coaches and/or athletic trainers.
 - 3.5.1. After athletic training medications have been approved, the coach and/or trainer must secure authorization from the parent and the student's licensed healthcare provider before the medications may be used during the athletic season. If such release is not on file, the non-prescribed medications may not be used. This provision does not preclude the coach and/or trainer from using approved first aid items.
- 3.6. A sign will be posted that warns students that eligibility to participate may be denied if anabolic steroids are used for the purpose of enhancing athletic ability.
- 3.7. Coaches will collaborate with school administrators to ensure that participants will be issued equipment that has been properly maintained and fitted, and that all facilities and equipment utilized in the interscholastic activity program, whether or not the property of the district, will be inspected on a regular basis.

4. ATHLETICS PARTICIPANT REQUIREMENTS

- 4.1. Participation in interscholastic activities is voluntary and a privilege for any student desiring to take advantage of the benefits derived from school sports programs. As such, student athletes should be prepared to follow all conduct expectations and requirements of the program(s). Failure to comply may result in disciplinary action and/or loss of privilege to participate.
- 4.2. The Board recognizes that certain risks are associated with participation in interscholastic sports. While the district will strive to prevent injuries and accidents to students, each participant and his/her parent(s) or guardian(s) will be required to sign a statement which indicates that the parent(s) and the student acknowledge the risks of injuries resulting from such participation and give assurance that the student will follow the instructions of the coach.
- 4.3. Each participant will be required to furnish evidence of physical fitness prior to becoming a member of an interscholastic team.
 - 4.3.1. A written report will be completed when a student is injured while participating in a school-supervised activity.
 - 4.3.2. A participant will be free of injury and will have fully recovered from illness before participating in any activity.
- 4.4. Each student participating in interscholastic athletic activities is required to have or obtain medical insurance for expenses incurred as a result of injuries sustained while participating in the extracurricular activity.

- 4.4.1. Students will provide evidence of medical insurance coverage in an amount equivalent to or better than the Washington State Industrial Insurance Fee Schedule for physician services and hospitalization or will obtain such coverage through the insurance plan offered to all students participating in activities in the district.
 - 4.4.2. No student will be denied the ability to participate solely because the student's family, by reason of low income, is unable to pay the entire amount of the premium for such insurance. The Superintendent or his/her designee may approve partial or full waiver of premiums to permit all students to obtain the required medical insurance.
 5. The Superintendent will review, approve and present to the Board for its information a program of interscholastic activities for the school year.
 - 5.1. The Superintendent or designee(s) will prepare rules for the conduct of student activities including, but not limited to:
 - (a) Use of alcoholic beverages
 - (b) Use of tobacco
 - (c) Use, possession or solicitation of controlled substances (including marijuana/cannabis) and legend drugs (drugs obtained through prescription)
 - (d) Physical appearance
 - (e) Unsportsmanlike conduct
 - (f) Absence from practice
 - (g) Any infraction of civil or criminal law
 - 5.2. Notice of rules and disciplinary actions related to rule violations will be included in the Student-Parent Handbook and distributed to each participant and his/her parents prior to the beginning of the school term or an interscholastic activity season.
- 6. NONDISCRIMINATION IN ATHLETIC PROGRAMS**
 - 6.1. The district will not exclude any person from participation in the interscholastic program, deny any person the benefits of such a program or otherwise discriminate against any person in any interscholastic program on the basis of the categories identified in the district's nondiscrimination Policy #3210.
 - 6.2. The district will provide necessary funds for athletic activities for both sexes, although the aggregate expenditures are not required to be equal for members of each sex and expenditures for separate male and female teams are not required to be equal.
 - 6.3. When individual students with disabilities are unable to participate in existing activities even when offered reasonable modifications and necessary accommodations, aids or services, the district may offer opportunities for students with disabilities to participate in separate or different recreational or athletic activities.

- 6.4. The district may operate or sponsor separate teams for members of each sex where selection for such teams is based upon competitive skill or the activity involved is a contact sport. However, when the district operates or sponsors a team in a particular sport for members of one sex but not the other, and athletic opportunities for members of the other sex have previously been limited, members of the excluded sex will be allowed to try out for the team offered. For the purposes of this policy, contact sports include boxing, wrestling, rugby, ice hockey, football, basketball and other sports in which the major activity involves bodily contact.
- 6.5. The district will provide equal athletic opportunities for both sexes within each school for interscholastic athletics. In determining whether equal athletic opportunities for both sexes are being provided, the district will consider the following factors:
- (a) Whether the selection of sports and levels of competition effectively accommodate the interests and abilities of members of both sexes.
 - (b) Provision of equipment and supplies.
 - (c) Scheduling of games and practice time, including the use of playfields, courts, and gyms.
 - (d) Travel and per diem allowances, if any.
 - (e) Opportunity to receive coaching and academic tutoring.
 - (f) Assignment and compensation of coaches, tutors, and game officials.
 - (g) Provision of locker rooms and practice and competitive facilities.
 - (h) Provision of medical and training facilities and services, including the availability of insurance.
 - (i) Provision of housing and dining facilities and services, if any.
 - (j) Publicity and awards.

7. ANNUAL ATHLETIC EVALUATION

The district will evaluate its interscholastic program in each school at least once each year to ensure that equal opportunities are available to members of both sexes with respect to participation in interscholastic program. The evaluation will include consideration for the factors listed in Section 6, above.

8. STUDENT ATHLETIC INTEREST SURVEY

Every three years, the district will administer to each school that operates interscholastic athletics the survey developed by the Office of the Superintendent of Public Instruction (OSPI) to determine male and female student interest in participation in specific sports. The district will consider the survey results when planning and developing athletic activities offered by the district and when determining whether equal opportunities are available to members of both sexes.

9. FACILITIES

The district will provide separate facilities (for example, showers, toilets, training rooms) for male and female students or schedule the facilities equitably for separate use.

Related Procedures

3210P1-Nondiscrimination

3416P1-Medication at School

3418P1-Response to Student Injury or Illness

3423P1-Managing Concussion, Head Injury and Sudden Cardiac Arrest

Policy Cross References

3210-Nondiscrimination

3413-Life Threatening Health Conditions

3416-Medication at School

3418-Response to Student Injury or Illness

3423-Student Concussion, Head Injury and Sudden Cardiac Arrest

4215-Use of Tobacco, Nicotine Product and Delivery Devices

4260-Use of School Facilities

5201-Drug-Free Schools, Community and Workplace

Policy Legal References

RCW 28A.400.350 – Liability, life, health, health care, accident, disability, and salary insurance authorized — Health savings accounts — Premiums — Noncompliance

RCW 28A.600.200 – Interscholastic athletic and other extracurricular activities for students — Authority to regulate and impose penalties — Delegation of authority — Conditions

RCW 69.41.330 – Public Warnings — School districts

RCW 69.41.340 – Student athletics — Violations — Penalty

WAC 392-190-025 – Recreational and athletic activities

Management Resources

Washington Interscholastic Activities Association Handbook

Policy & Legal News, December 2014 – Nondiscrimination in schools addressed in revised WACS

Policy & News, April 2013 – (*clarification that controlled substances included marijuana*)

Policy News, October 2007 – Elimination of outdated and obsolete policies

Policy History

Action:	Date:
Approved by the Board	February 17, 2016
Revised	
Revised	
Revised	