

## **Self-Administration of Asthma and Anaphylaxis Medications**

### **Purpose**

This policy defines asthma and anaphylaxis and authorizes students to carry and self-administer medications to treat these conditions according to established procedures.

### **Scope**

This policy applies to the Superintendent, administrators, district employees, students, and parents or guardians.

### **Policy**

1. The Board of Directors directs that students with asthma or anaphylaxis be provided the opportunity to self-administer prescribed medications. The student's parent or guardian will submit a written request and other documentation required by the school. The student's prescribing health care provider must provide a written treatment plan.
  - 1.1. Asthma is an inflammatory disease of the respiratory tract. Anaphylaxis is a life-threatening allergic reaction that may involve systems of the entire body. Anaphylaxis is a medical emergency that requires immediate medical treatment and follow-up care by an allergist/immunologist.
2. The affected student must demonstrate to the school's professional registered nurse that he/she is competent to possess and self-administer prescribed medications during school and at school-sponsored events.
3. The Superintendent will establish procedures that implement this policy and follow emergency rescue procedures outlined in the most recent edition of *AMES: Asthma Management in Educational Settings*, in cases of suspected asthma and the emergency rescue procedures outlined in the Office of the Superintendent of Public Instruction's *Guidelines for the Care of Students with Anaphylaxis* (2009) in cases of suspected anaphylaxis.

### **Related Procedures**

3416P1-Medication at School

3419P1-Self-Administration of Asthma and Anaphylaxis Medications

3420P1-Anaphylaxis Prevention and Response

### **Policy Cross References**

3416-Medication at School

3420-Anaphylaxis Prevention and Response

### **Policy Legal References**

42 U.S.C. 280 – Public Health Service Act

42 U.S.C. 12212 – Section 512 Americans with Disabilities Act of 1990

34 CFR Part 104 – Section 504 of Rehabilitation Act of 1973

RCW 28A.210.370 – Students with Asthma

RCW 28A.210.380 – Anaphylaxis-Policy guidelines-Procedures-Reports

**Management Resources**

*Policy News*, August, 2012 – Self-Administration of Asthma and Anaphylaxis Medications

*Policy News*, February 2009 – Anaphylaxis Prevention Policy Required

OSPI, March 2009 – Guidelines for the Care of Students with Anaphylaxis

**Policy History**

<b>Action:</b>	<b>Date:</b>
Approved by the Board	May 21, 2014
Revised	
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Revised	