



**VALLEY SCHOOL DISTRICT ATHLETICS  
STUDENT & PARENT ACKNOWLEDGEMENT OF  
CONCUSSION AND SUDDEN CARDIAC ARREST INFORMATION**

Valley School District staff believe participation in athletics improves physical fitness, coordination, self-discipline, and gives students valuable opportunities to learn important social and life skills.

With this in mind, it is important that we do as much as possible to create and maintain an enjoyable and safe environment. As a parent/guardian or student, you play a vital role in protecting participants and helping them get the best benefits from sports.

Player and parental education in this area is crucial, which is the reason for the Concussion Management and Sudden Cardiac Arrest Awareness information sheets you received. Refer to this information regularly.

**This form must be signed annually by the parent/guardian and student prior to participation in Valley School District athletics.** If you have questions regarding any of the information provided in the concussion or sudden cardiac arrest information sheets, please contact the athletic director at your school.

***I/we have received, read and understand the information presented concerning concussion recognition and sudden cardiac arrest awareness:***

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*Student Name (printed)*

*Student Signature*

*Date*

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*Parent Name (printed)*

*Parent Signature*

*Date*